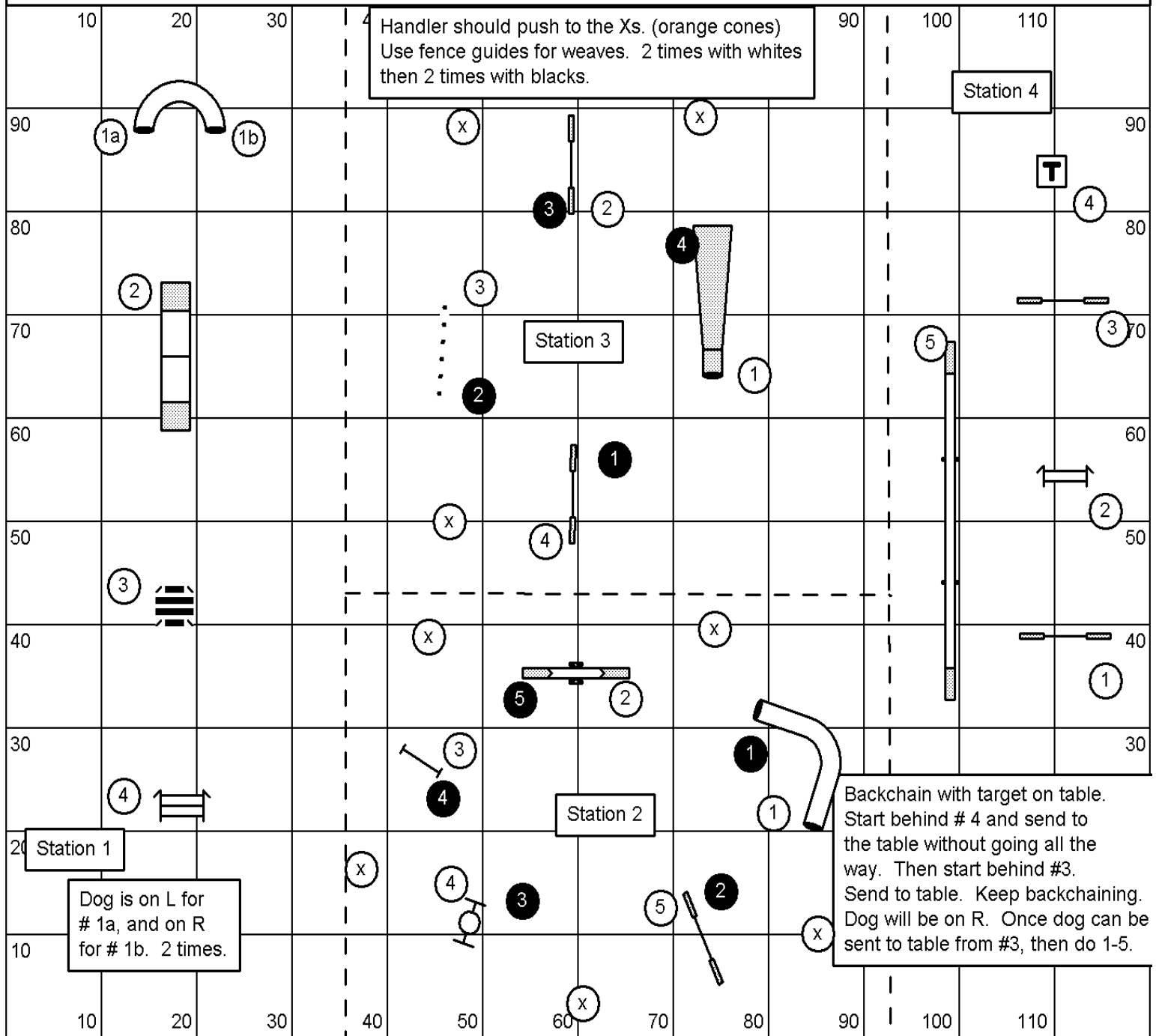


Week 5, Sequencing 1



For station 2, run with dog to pattern sequence in both directions. Then increase parallels distance from dog slightly and run both directions. Push to the Xs shown on sequence. Set up cones so students can see where to push. Two times with dog on R, and 2 times with dog on L.

Equipment:

- 2 tunnels
- 1 seesaw
- 1 A-Frame
- 1 table
- 1 double jump
- 1 tire
- 1 triple jump
- 5 wing jumps
- 1 chute
- 1 X-pen weaves or off-sets
- 1 Dog Walk
- 1 wingless jump

Instructors: Stations 1 and 4.
Stations 2 and 3.