

Sequencing 2, Week 3

Skill: Front Cross and Rear Cross

One instructor does Station 1 and station 4. The other does station 2 and 3.

Station 1(Use 10 offset weaves)

Front Cross:

Starting with the whites, dog is on the handler's left side. Handler may lead out and send the dog over jump 1 and into the weaves using the left arm. The handler needs to get ahead of the dog in the weaves in order to execute a front cross after the weaves. Then send the dog over white jump 3 with the right arm.

Reverse the exercise, starting with the dog on the right, front crossing after the weaves, sending the dog to the black jump 3 with the left arm.

Rear Cross:

Starting with the whites, dog is on the handler's right side. The handler may only laterally lead out. Send dog over jump 1 and into the weaves with the right hand. Dog must move ahead of the handler so the handler must move at a slower pace than the dog. Use wire guides if necessary. The handler executes a rear cross close to jump 1, picking the dog up on their left side while the dog is in the weaves. The handler does not need to get ahead of the dog. After the weaves, the handler pulls the dog over white jump 3 with the left hand.

Reverse the exercise, starting with the dog on the left.

Station 2

Front Cross:

Ask students where does the dog turn. It is between #2 and #3. A front cross could be put there. Start with dog on the left. Lead out some, sending dog over #1 and the dog walk with the left hand. Then front cross, sending the dog to #3 with the right hand

Rear Cross:

Repeat exercise with the dog on the right, and do a rear cross between #1 and #2. Pull dog over jump 3 with the left hand.

Station 3

Front Cross:

Looking at the white numbered path, ask students where does the dog turn. It is between #2 and #3, and between #4 and #5. A front cross will be done first between #2 and #3 and optionally between #4 and #5.

Start with the white numbers with dog on the right. Lead out sending dog over #1 and #2 with the left hand. Then front cross between #2 and #3, sending the dog over the A-

frame with the right hand. After dog commits to the tunnel, the handler can move into position for a front cross if they can get close to the other side of jump #5. (Hint: do not follow the tunnel path, move out to the landing side of jump 5) These handlers will send over jump 5 and 6 with their left arm. If the handler does not feel that they can do this, then they will simply do a post turn as the dog comes out of the tunnel, using their right arm.

Rear Cross:

Reverse exercise using the black numbers with dog on the right. Handler sends the dog over jump one with the right arm and allows the dog to get ahead going over jump 2. (An instructor may need to be on the other side of jump 2, with bait ready to get the dog to move ahead of the handler.) Then the handler executes a rear cross, turning the dog with their left arm into the tunnel. The handler sends the dog over the A-frame with their left arm. The handler sends dog over jump 5 with the left, allowing the dog to move ahead, so that the handler executes a second rear cross. The handler now turns the dog with their right arm.

Station 4

Rear Cross:

Start with the white numbers with dog on the left. Ask handlers where does the dog turn. He turns after the see-saw. Therefore a rear cross needs to be between #2 and #3. It should be close to the see-saw. To begin the exercise, the handler laterally leads out with the dog on the left. Send the dog over jump 1 and see-saw with the left hand. The handler then turns, pulling the dog to the tunnel entrance with their left arm and shoulder. As soon as the dog commits to the tunnel, the handler rear crosses picking the dog up on their right side as the dog leaves the tunnel. Finish with jump 4, using the right hand.

Front Cross:

Do the exercise with the dog on the left. Ask handlers where does the dog turn. It is between #2 and #3, so that is where the front cross is placed, and it should be close the tunnel entrance. An instructor will need to target the see-saw and help keep the dog on the contact while the handler moves into the front cross position. The handler then does the front cross sending the dog into the tunnel with the right hand and over jump 4.

Student Reminders:

Remind students that in order to progress, practice during the week is very important. These skills will never be mastered in 6 weeks, without continuous practice. In order to progress to the competition class, a rear and front cross must be mastered. They must also be able to enter a set of off-set weaves from any obstacle and at various angles.